



Wyndham Lakes Menu

WEEK 1

WEEK 2

MONDAY		MONDAY	
Breakfast:	Waffles & Syrup, Pineapple	Breakfast:	Pancakes and Applesauce.
Lunch:	Hotdogs/Nuggets, Broccoli With Cheese, Peaches.	Lunch:	Chick Peas with Rice, Sweet Peas and Pineapple.
PM Snack:	Apples And Ritz	PM Snack:	Peaches and Goldfish Crackers.
TUESDAY		TUESDAY	
Breakfast:	Eggs, Toast, Pears.	Breakfast:	Melons, Biscuits & Cheese.
Lunch:	Beans, Rice, Green Beans, and Applesauce.	Lunch:	Pasta with Ground Turkey, Green Beans, and Apple.
PM Snack:	Milk and Oatmeal Cookies.	PM Snack:	Orange Juice, Bread & Cheese.
WEDNESDAY		WEDNESDAY	
Breakfast:	Melon, Cinnamon Toast.	Breakfast:	Bagel with Cream Cheese.
Lunch:	Beef Tacos, Lettuce & Tomato, and Plantains.	Lunch:	Hamburgers, Lettuce & Tomato, and Peaches.
PM Snack:	Orange Juice, Saltines with Cheese.	PM Snack:	Milk and Chocolate Chip Cookies.
THURSDAY		THURSDAY	
Breakfast:	Cheerios and Bananas.	Breakfast:	Bananas and Plain Donut.
Lunch:	Oven Chicken, Spinach & Corn, Bread and Tropical Fruit.	Lunch:	Turkey Ham & Cheese Sandwich, Peas & Carrots, and Pears.
PM Snack:	Chex Mix and Yogurt.	PM Snack:	Pineapple and Granola Bar.
FRIDAY		FRIDAY	
Breakfast:	Oatmeal and Berries.	Breakfast:	Blueberry Muffins and Grapes.
Lunch:	Cheese Pizza, Sweet Peas, and Mandarin Oranges.	Lunch:	Corn Dogs, Corn, and Tropical Fruit.
PM Snack:	Fruit Salad and Pretzels.	PM Snack:	Apple and Graham Crackers



Breakfast is served with milk.

Lunch is served with milk.

Afternoon snack is served with juice or water.





Wyndham Lakes Menu

WEEK 3

WEEK 4

MONDAY		MONDAY	
Breakfast:	Pears and Toast & Cheese.	Breakfast:	Biscuits, Jelly and Orange Slices.
Lunch:	Fish Sticks, Broccoli, Bread and Pineapple.	Lunch:	Lentil, Rice, Sweet Potatoes and Pears.
PM Snack:	Apple Juice and Animal Crackers.	PM Snack:	Applesauce and Granola Bars.
TUESDAY		TUESDAY	
Breakfast:	Cinnamon Sticks and Pineapple.	Breakfast:	Apples and Oatmeal.
Lunch:	Chicken, Rice, Sweet Peas, and Peaches.	Lunch:	Turkey Ham & Cheese Sandwich, Romaine & Tomato, and Peaches
PM Snack:	Milk and Oatmeal Cookies.	PM Snack:	Orange Juice and Goldfish.
WEDNESDAY		WEDNESDAY	
Breakfast:	Cheerios and Bananas.	Breakfast:	French Toast and Grapes.
Lunch:	White Beans & Rice, Green Beans, and Mandarin Oranges.	Lunch:	Pasta & Ground Beef, Spinach & corn and Applesauce.
PM Snack:	Apple and Ritz Crackers.	PM Snack:	Vanilla Wafers and Yogurt.
THURSDAY		THURSDAY	
Breakfast:	Raisin Bread & Cream Cheese and Melon.	Breakfast:	Scrambled Eggs, Toast and Bananas.
Lunch:	Chicken Nuggets, Mashed Potatoes, Bread and Tropical Fruit.	Lunch:	Hamburger, Baked French Fries, and Pineapple.
PM Snack:	Saltines Crackers and Cheese.	PM Snack:	Apples and Cheesitz.
FRIDAY		FRIDAY	
Breakfast:	Fruit Cocktail, Biscuit and Eggs.	Breakfast:	Cheerios and Plums.
Lunch:	Cheese Pizza, Romaine Salad, and Bananas.	Lunch:	Oven Chicken, Green Beans, Bread and Mandarin Oranges.
PM Snack:	Fruits and Chex Mix.	PM Snack:	Bananas and Pretzels.



Breakfast is served with milk.

Lunch is served with milk.

Afternoon snack is served with juice or Water.





Wyndham Lakes Menu

WEEK 5

WEEK 6

MONDAY		MONDAY	
Breakfast:	Pancakes and Applesauce.	Breakfast:	Apricots, Toast & Cheese.
Lunch:	Tuna Sandwich, Lettuce & Tomato, Pears.	Lunch:	Turkey Ham & Cheese, Macarroni. Peaches and Carrots
PM Snack:	Orange Juice and Oatmeal Cookies.	PM Snack:	Grapes and Graham Crackers
TUESDAY		TUESDAY	
Breakfast:	Plain Donut and Berries.	Breakfast:	Pineapple, Biscuits and Cream Cheese
Lunch:	Turkey Loaf, Rice, Green Beans, and Fruit Cocktail.	Lunch:	Chicken and Rice, Spinach and Corn, Plantain
PM Snack:	Grapes and Saltines Crackers & Cheese.	PM Snack:	Orange Juice and GoldFish
WEDNESDAY		WEDNESDAY	
Breakfast:	Biscuits, Eggs and Apple.	Breakfast:	Berries, Waffles and Syrup.
Lunch:	Chicken Nuggets, Bread, Broccoli and Peaches.	Lunch:	Fish Sticks with Green Beans, Mandarin Oranges and Corn Bread.
PM Snack:	Banana and Vanilla Wafers.	PM Snack:	Apples and Crackers.
THURSDAY		THURSDAY	
Breakfast:	Blueberry Muffins and Pineapple.	Breakfast:	Bananas and Cinnamon Sticks.
Lunch:	Chick Peas, Rice, Corn & Peas, and Peaches.	Lunch:	Tacos Ground Beef, Lettuce & Tomato, and Pineapple.
PM Snack:	Apple Juice and Ritz Crackers.	PM Snack:	Animal Cracker and Yogurt.
FRIDAY		FRIDAY	
Breakfast:	Toast & Cheese, and Melon.	Breakfast:	Oatmeal and Grapes.
Lunch:	Corn Dog, Sweet Peas, and Bananas.	Lunch:	Cheese Pizza, Sweet Peas, Applesauce.
PM Snack:	Fruit Salad and Pretzels.	PM Snack:	Peaches and Oatmeal Cookies.



Breakfast is served with milk.

Lunch is served with milk.

Afternoon snack is served with juice or Water.

