



LADYBIRD MENU

WEEK 1

WEEK 2

MONDAY		MONDAY	
<i>Breakfast:</i>	Waffles & syrup.	<i>Breakfast:</i>	Waffles & syrup.
<i>AM Snack:</i>	Apple slices..	<i>AM Snack:</i>	Apple slices
<i>Lunch:</i>	Beef ravioli, carrots, and fruit salad.	<i>Lunch:</i>	Chicken, white rice, green beans, and fruit salad.
<i>PM Snack:</i>	Vanilla wafers.	<i>PM Snack:</i>	Vanilla wafers.
TUESDAY		TUESDAY	
<i>Breakfast:</i>	Strawberry yogurt parfait.	<i>Breakfast:</i>	Strawberry yogurt parfait.
<i>AM Snack:</i>	Orange segments.	<i>AM Snack:</i>	Orange segments.
<i>Lunch:</i>	Chicken nuggets, tater tots, corn, and orange segments.	<i>Lunch:</i>	Grilled cheese, potato chips, and apple sauce.
<i>PM Snack:</i>	Goldfish crackers.	<i>PM Snack:</i>	Cheese crackers.
WEDNESDAY		WEDNESDAY	
<i>Breakfast:</i>	Pancakes & syrup.	<i>Breakfast:</i>	Pancakes & syrup.
<i>AM Snack:</i>	Sliced melon.	<i>AM Snack:</i>	Sliced melon.
<i>Lunch:</i>	Turkey hotdogs, carrot sticks, and sliced peaches.	<i>Lunch:</i>	Hamburgers, corn, and pineapple tidbits.
<i>PM Snack:</i>	Animal crackers.	<i>PM Snack:</i>	Pretzels.
THURSDAY		THURSDAY	
<i>Breakfast:</i>	Scrambled eggs & toast.	<i>Breakfast:</i>	Scrambled eggs & toast.
<i>AM Snack:</i>	Apple slices.	<i>AM Snack:</i>	Apple slices.
<i>Lunch:</i>	Spaghetti, meatballs, green beans, and pineapple tidbits.	<i>Lunch:</i>	Macaroni and cheese, broccoli, and sliced peaches.
<i>PM Snack:</i>	Graham crackers.	<i>PM Snack:</i>	Animal crackers.
FRIDAY		FRIDAY	
<i>Breakfast:</i>	French toast & syrup.	<i>Breakfast:</i>	French toast & syrup.
<i>AM Snack:</i>	Bananas.	<i>AM Snack:</i>	Bananas.
<i>Lunch:</i>	Fish stars, fries, peas, and apple sauce.	<i>Lunch:</i>	Chicken corn dogs, carrot sticks, and diced pears.
<i>PM Snack:</i>	Pretzels.	<i>PM Snack:</i>	Cookies.



Breakfast is served with juice or milk.
 Morning snack is served with water.
 Lunch is served with milk.
 Afternoon snack is served with juice.





LADYBIRD MENU

WEEK 3

WEEK 4

MONDAY		MONDAY	
<i>Breakfast:</i>	Waffles & syrup.	<i>Breakfast:</i>	Waffles & syrup.
<i>AM Snack:</i>	Apple slices..	<i>AM Snack:</i>	Apple slices.
<i>Lunch:</i>	Fish stars, tater tots, carrots, and diced pears.	<i>Lunch:</i>	Chicken, yellow rice, corn, and diced pears
<i>PM Snack:</i>	Graham crackers.	<i>PM Snack:</i>	Goldfish crackers.
TUESDAY		TUESDAY	
<i>Breakfast:</i>	Strawberry yogurt parfait.	<i>Breakfast:</i>	Strawberry yogurt parfait.
<i>AM Snack:</i>	Orange segments.	<i>AM Snack:</i>	Orange segments.
<i>Lunch:</i>	Cheese ravioli, green beans, and apple sauce.	<i>Lunch:</i>	Grilled cheese sandwich, potato chips, and diced pears.
<i>PM Snack:</i>	Animal crackers.	<i>PM Snack:</i>	Animal crackers.
WEDNESDAY		WEDNESDAY	
<i>Breakfast:</i>	Pancakes & syrup.	<i>Breakfast:</i>	Pancakes & syrup.
<i>AM Snack:</i>	Sliced melon.	<i>AM Snack:</i>	Sliced melon.
<i>Lunch:</i>	Turkey hotdogs, carrot sticks, and orange tidbits.	<i>Lunch:</i>	Chicken corn dogs, carrot sticks, and orange segments.
<i>PM Snack:</i>	Pretzels.	<i>PM Snack:</i>	Pretzels.
THURSDAY		THURSDAY	
<i>Breakfast:</i>	Scrambled eggs & toast.	<i>Breakfast:</i>	Scrambled eggs & toast.
<i>AM Snack:</i>	Apple slices.	<i>AM Snack:</i>	Apple slices.
<i>Lunch:</i>	Chicken nuggets, fries, peas, and sliced peaches.	<i>Lunch:</i>	Spaghetti & meatballs, green beans, and apple sauce.
<i>PM Snack:</i>	Vanilla wafers.	<i>PM Snack:</i>	Vanilla wafers.
FRIDAY		FRIDAY	
<i>Breakfast:</i>	French toast & syrup.	<i>Breakfast:</i>	French toast & syrup.
<i>AM Snack:</i>	Bananas.	<i>AM Snack:</i>	Bananas.
<i>Lunch:</i>	Cheese pizza, peas, and pineapple tidbits.	<i>Lunch:</i>	Macaroni cheese, green beans, and pineapple tidbits.
<i>PM Snack:</i>	Cookies.	<i>PM Snack:</i>	Cookies.



Breakfast is served with juice or milk.
 Morning snack is served with water.
 Lunch is served with milk.
 Afternoon snack is served with juice.

